Creative Enzymes®

Cnidium Monnieri Extract (Standard)

Cat. No. EXTW-022

Lot. No. (See product label)

Introduction

Description	Cnidium monnieri is a leafy annual with flowers that grow in clusters. The seeds, which are also referred as she chuang zi or she chuang dze, are somewhat yellow in color and have a sweet smell. Cnidium is native to China, where it may be found growing on field edges, in ditches and waste places in most of the country. It also grows in Korea, Mongolia and Russia. Cnidium has been introduced to the United States (Oregon) and Europe.
Applications	1.It can increase sperm secretion, stimulate sexual desire and has aphrodisiac action. 2.It can warm the kidney and relieve asthma. 3.With the role of anti-trichomonas, there is great effect for common gynecological diseases of women.

Product Information

CAS No.	484-12-8
Molecular Formula	C15H16O3
Molecular Weight	244.29
Purity	10.0% Osthole HPLC
Function	Indications: Sex stimulation
Notes	The American Herbal Products Association gives Cnidium a class I rating, which means that it is safe when taken in the recommended doses; however, it should not be used if using peony root, croton seed or fritillaria. Cnidium comes in various forms, and is an ingredient in many products. In taking the seeds, the dosage will depend on the condition being treated; however, a standard dose is between 6 and 15 grams of Cnidium taken internally. For best results, read and follow product label directions. To treat skin conditions, the herb is usually applied to the skin in the form of a solution or ointment. Vaginitis and vaginal discharge are treated with a douche prepared from the seeds.