Creative Enzymes®

Ajuga Turkestanica Extract

Cat. No. ATEC-010

Lot. No. (See product label)

Introduction

Description	Ajuga turkestanica is a Lamiales Lamiaceae Ajuga plant from Central Asia that has phytoecdysteroids. Phytoecdysteroids include alpha-ecdysone, 2-desoxyecdysterone, ecdysterone, sileneoside A, and turkesterone. This plant was apparently used by Soviet athletes for anabolic purposes.

Product Information

Form	Powder
Activity	Extract ratio 10:1, 4:1 or others