

## Tart Cherry Fruit Powder

*Cat. No. TCFC-100*

*Lot. No. (See product label)*

### **Introduction**

**Description** Tart Cherry Juice Powder contains phenolic, naturally occurring plant compounds that may support a healthy inflammation response. The main type of phenolic in cherries is called anthocyanins. In a comprehensive phytonutrient profile that was done comparing cherries, strawberries, grapes, and apples the results for cherries were quite impressive. In all areas of phytonutrients (anthocyanins, flavanols, flavonols, other polyphenols, and natural compounds) cherries had them all, while the other fruits came up short in 3 or more individual compounds. This alone makes cherries a superior food.

### **Product Information**

**Form** Powder