

## Sesamin

Cat. No. EXTZ-211

Lot. No. (See product label)

### Introduction

#### Description

Sesamin is a lignan isolated from the bark of Fagara plants and from sesame oil, which is known to possess antioxidant and anti-inflammatory properties. It has been used as a dietary fat-reduction supplement, one of the two highest sources of lignans in the human diet (the other being flax).

### Product Information

#### Form

powder