

Barley extract

Cat. No. EXTZ-311

Lot. No. (See product label)

Introduction

Description

Barley, a member of the grass family, is a major cereal grain grown in temperate climates globally. As a whole grain, barley provides fiber, vitamins, and minerals. Barley Extract is a supplement made from barley grain. It is high in both soluble and insoluble fiber, which may help to maintain healthy cholesterol levels and digestive health, and supports cardiovascular health. It also contains significant concentrations of phenols, which are known to provide antioxidant activity. Antioxidant protection helps to defend the skin against harmful free-radicals that are present in the environment.

Product Information

Form

powder