

## Lovage powder

*Cat. No. EXTZ-296*

*Lot. No. (See product label)*

### ***Introduction***

**Description** Lovage is a perennial plant with a long history of use in European cuisine as an herb, a root vegetable, and a spice. Lovage is low in calories and contains lots of vitamin C. One of its most distinctive characteristics is its hefty quercetin content. Lovage has also been known as a medicinal herb for ailments including pain, inflammation, indigestion, joint pain and headaches.

### ***Product Information***

**Form** powder