Creative Enzymes®

# L-Valine

*Cat. No. EXTZ-347*

*Lot. No.* (See product label)

## *Introduction*

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| ***Description*** | L-Valine is an essential amino acid, meaning the body cannot produce it itself and must be supplemented through dietary sources. Its natural food sources include grains, dairy, shiitake, mushrooms, peanuts, soy protein, and meat. L-Valine supplement is white crystals or crystalline powder, odorless, with a bitter taste. soluble in water. |

## *Product Information*

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| ***Form*** | powder |