Creative Enzymes®

Shilajit extract

Cat. No. EXTZ-449

Lot. No. (See product label)

Introduction

Description	Shilajit Extract is a natural mineral substance found in high-altitude regions such as the Himalayas and the Carpathian Mountains. It is formed from the decomposition of plant matter and microorganisms over thousands of years and typically appears as a sticky black or brown resin. Shilajit has been highly regarded in traditional Ayurvedic medicine as a powerful supplement with numerous health benefits, especially in enhancing energy, slowing aging, and promoting overall health.
Applications	Shilajit Extract is a natural and comprehensive health supplement that has gained global popularity due to its wide range of physiological benefits. It is commonly used in various health, nutritional, and beauty products for its ability to enhance energy, slow aging, and promote overall wellness.
Synonyms	SHILAJIT;Shilajit Extract;Xilaizhi extract;Asphaltum extract;Hilli cheese extract

Product Information

Appearance	Brown powder
Activity	50% Fulvic Acid; 10 ratio 1
Function	Boosts Energy and Stamina: Shilajit is widely considered a natural energy booster. It enhances physical strength and endurance, helps reduce fatigue, and improves athletic performance. Many athletes and laborers use Shilajit to increase their energy levels and speed up recovery. Anti-Aging: Due to its strong antioxidant properties, Shilajit helps neutralize free radicals and slow down the aging process. Long-term use may improve skin health, reduce wrinkles, and promote overall vitality. Enhances Immunity: The minerals, amino acids, and organic acids in Shilajit can help strengthen the immune system, making the body more resilient to infections and diseases. Improves Cognitive Function: Shilajit is believed to have positive effects on brain health. It improves brain oxygenation, which in turn enhances memory, focus, and cognitive ability. For the elderly, it may help slow cognitive decline, such as Alzheimer's and other forms of dementia. Supports Sexual Health: Shilajit has a reputation for improving sexual hormone levels, increasing libido, and enhancing sexual performance, making it beneficial for men's reproductive health. Promotes Digestion and Metabolism: Shilajit helps improve digestion and metabolism, allowing the body to absorb nutrients more effectively and supporting gut health. Regulates Blood Sugar: Studies show that Shilajit may help regulate blood sugar levels, making it potentially useful for managing diabetes and maintaining healthy blood sugar balance.

Usage and Packaging

Package	25KG/Drum with double plastic bag of foodstuff inside

Storage and Shipping Information

Storage	Store in a cool, ventilated and dry place, avoid direct sunlight.