

## Polygala Root Extract

Cat. No. *EXPR-010*

Lot. No. (See product label)

### *Introduction*

**Description** Polygala tenuifolia is a root used in traditional Chinese medicine for its ability to improve memory and protect against cognitive ailments. Limited human evidence suggests Polygala tenuifolia cannot improve memory, but may improve spatial awareness and organization.

### *Product Information*

**Form** Powder

**Activity** 10:1

### *Storage and Shipping Information*

**Storage** Store in cool & dry place. Keep away from strong light and heat.