Creative Enzymes®

Vitamin B1

Cat. No. CEFX-046

Lot. No. (See product label)

Introduction

Description

Vitamin B1, also known as thiamine or thiamine, is a water-soluble vitamin. It is an important nutrient that helps the body convert carbohydrates into energy. Vitamin B1 plays an important role in the nervous system, digestive system and heart function.

Applications

Vitamin B1 is involved in the synthesis of neurotransmitters that help maintain the normal function of the nervous system. It is also vital for the body's energy metabolism, helping to convert carbohydrates from food into bioenergy. Vitamin B1 contributes to the proper functioning of the digestive system by promoting the production of stomach acid, which aids in the digestion and absorption of food. Vitamin B1 also improves heart function and maintains the normal functioning of the heart muscle. It can help reduce the burden on the heart and prevent heart disease.

Product Information

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