Creative Enzymes®

γ-Linolenic Acid

Cat. No. CEFX-095

Lot. No. (See product label)

Introduction

Description	γ-Linolenic acid is an unsaturated fatty acid. It is a member of the omega-6 fatty acid family and an isomer of linoleic acid. γ-Linolenic acid cannot be synthesized by itself in the human body and needs to be obtained from external sources. It is mainly soybean, sunflower seeds corn, and other vegetable oils. γ-Linolenic acid is an anti-inflammatory substance that can regulate the inflammatory response and relieve the symptoms of inflammation-related diseases. In addition, γ-linolenic acid helps lower blood cholesterol and triglyceride levels, which benefits cardiovascular health. γ-Linolenic acid also positively impacts the immune system, the nervous system, and skin health.

Product Information

Form	Liquid

Storage and Shipping Information

Storage	1 years under well storage situation and stored away from direct sun light