

## L-Threonine

*Cat. No. EXTZ-495*

*Lot. No. (See product label)*

### ***Introduction***

**Description** L-threonine is an essential amino acid that is not only required for protein synthesis but also plays an important role in protecting intestinal barrier function. L-Threonine has a wide range of health benefits. It enhances immune function, promotes healthy liver function, and supports joints, connective tissue, and bones. Threonine also supports the nervous system and contributes to healthy mood and sleep.

### ***Product Information***

**Form** powder