Creative Enzymes®

MCT oil powder

Cat. No. EXTZ-555

Lot. No. (See product label)

Introduction

Description	MCT oil is typically derived from coconut or palm kernel oil and is known for its rapid absorption and metabolism, providing an immediate source of energy for the body. The advantages of MCT oil powder include its ease of mixing and portability, as well as its lack of need for additional storage conditions. Its powdered form makes it highly convenient to add to various foods and beverages such as protein powders, meal replacement drinks, coffee, smoothies, and baked goods. Due to its unique metabolic pathway, MCT oil serves as an ideal quick energy source. Moreover, it aids in weight management, enhances athletic performance, and promotes brain health. This product is widely used in sports nutrition products, health foods, and specialized dietary supplements.

Product Information

Form	Powder