

## Organic Reishi Powder

Cat. No. CEFX-189

Lot. No. (See product label)

### Introduction

**Description** Reishi Powder is a fine powder processed from the dried fruiting bodies of *Ganoderma lucidum* (*Ganoderma lucidum*). *Ganoderma lucidum* has been regarded as a precious herb in traditional Chinese medicine since ancient times and has a wide range of health benefits. The main active ingredients of *Ganoderma lucidum* are polysaccharides, triterpenoids, amino acids and peptide nucleosides, furan derivatives, sterols, alkaloids, proteins, triterpenoids, organic stores, inorganic salts and so on.

**Applications** Reishi Powder is a health food ingredient with a wide range of uses. Due to its health benefits such as enhancing immunity, antioxidant and regulating metabolism, Reishi Powder is widely used in health food products, food additives, traditional Chinese medicine formulas, cosmetic and skin care products, and daily regimen. In health supplements, Reishi Powder is often made into capsules, granules and beverages for boosting immunity, anti-fatigue, and regulating blood sugar and blood lipids. In the food industry, Reishi Powder is added to functional foods, beverages and teas to help enhance health benefits. As a common ingredient in traditional Chinese medicine formulations, Reishi Powder is used to assist in the treatment of chronic diseases and for body conditioning. Its antioxidant and anti-aging properties make it an active ingredient in beauty and skin care products, where it is used to slow down skin aging and improve skin condition. Reishi Powder is also used in daily health maintenance, often as a tea or added to soups and porridges to help strengthen the body and regulate physical and mental health.

### Product Information

**Species** *Ganoderma lucidum* (Leyss. Ex Fr.) Karst

**Source** Fruiting body

**Appearance** Yellow brown to brown powder

### Usage and Packaging

**Package** 1KG/bag

### Storage and Shipping Information

**Storage** 2 years under well storage situation and stored away from direct sun light