

## L-Carnitine L-Tartrate

Cat. No. CEFX-256

Lot. No. (See product label)

### Introduction

**Description** L-Carnitine L-Tartrate is a compound formed by combining L-carnitine with tartaric acid. L-Carnitine is an amino acid derivative that plays a key role in the transportation of fatty acids into the mitochondria, where they are burned for energy. The addition of tartaric acid helps enhance the bioavailability and stability of L-carnitine. L-Carnitine L-Tartrate is commonly used in sports nutrition and weight management products due to its potential to support fat metabolism, improve exercise performance, and reduce muscle soreness. It is more rapidly absorbed and utilized in the body compared to other forms of L-carnitine.

**Applications** L-Carnitine L-Tartrate is a versatile compound with a wide range of applications, especially in sports nutrition, weight management, and muscle recovery. Its ability to improve energy production, fat metabolism, and recovery times makes it a sought-after ingredient for enhancing physical performance and supporting overall wellness.

### Product Information

**Appearance** White crystal powder

### Usage and Packaging

**Package** 25KG/Drum with double plastic bag of foodstuff inside

### Storage and Shipping Information

**Storage** 2 years under well storage situation and stored away from direct sun light