Creative Enzymes®

Rucola Extract

Cat. No. EXTZ-629

Lot. No. (See product label)

Introduction

Description	Rucola, also known as arugula or rocket, is a nutrient-rich leafy green vegetable. Its extract contains a variety of bioactive compounds, such as glucosinolates, flavonoids, vitamin C, and antioxidants. In the food industry, Rucola Extract can be used to enhance flavor or serve as a natural antioxidant. In the health supplement sector, it is often utilized to support digestive health, boost immunity, and provide antioxidant protection. In cosmetics, its antioxidant and anti-inflammatory properties help protect the skin, delay aging, and improve skin texture.

Product Information

Form	Powder