Creative Enzymes®

Perilla Powder

Cat. No. EXTZ-652

Lot. No. (See product label)

Introduction

Description	Perilla leaf powder is made from perilla leaves that have been dried and ground into a powder. It is widely used in traditional Chinese medicine and nutrition. Perilla leaves are rich in various antioxidant substances, such as Vitamin C, flavonoids, and polyphenols, which help neutralize free radicals in the body, reduce oxidative stress, and minimize cellular damage. Perilla leaf powder contains abundant aromatic plant compounds, such as perillaldehyde and perillyl methyl ether, which have anti-inflammatory effects and can alleviate inflammatory responses, promoting bodily recovery. Additionally, perilla leaf powder is believed to have certain digestive-promotion effects; it contains a compound known as perillaldehyde that can enhance gastric juice secretion, aid in the digestion and absorption of food, and reduce gastrointestinal discomfort.

Product Information

Form	Powder