Creative Enzymes®

3-Hydroxybutyric Acid Magnesium Salt

Cat. No. EXTZ-673

Lot. No. (See product label)

Introduction

Description

3-Hydroxybutyric acid, also known as beta-hydroxybutyrate (BHB), is an energy molecule. In the absence of glucose, it is one of the main sources of energy for the body. As an exogenous ketone supplement, BHB can better maintain the levels of ketones in the body. 3-Hydroxybutyric acid itself is not very stable, so BHB is often provided in the form of various metal salts. 3-Hydroxybutyric Acid Magnesium Salt is one such form.

Product Information

Form

Powder