Creative Enzymes®

Phytosterols

Cat. No. EXTZ-681

Lot. No. (See product label)

Introduction

Description	Phytosterols are a class of natural compounds widely found in plant cell membranes. Their structure is similar to cholesterol, but they possess unique chemical properties and biological activities. Phytosterols play important roles in the growth and development of plants and also offer a variety of health benefits to humans. They have anti-inflammatory properties, which can inhibit the production of inflammatory factors and reduce inflammatory responses. Additionally, phytosterols have antioxidant capabilities that protect cells from damage caused by free radicals, thereby slowing down cellular aging. Moreover, phytosterols can inhibit the absorption of cholesterol, thereby reducing the levels of low-density lipoprotein cholesterol (LDL-C) in the blood without affecting high-density lipoprotein cholesterol (HDL-C) levels. Phytosterols are widely used in the fields of food, health products, and cosmetics.

Product Information

Source	Pine or soybean
Form	Powder