Creative Enzymes®

Monk fruit Extract

Cat. No. EXTZ-682

Lot. No. (See product label)

Introduction

Description	The monk fruit (Siraitia grosvenorii) is a perennial vine plant of the Cucurbitaceae family. Its fruit is widely used due to its unique sweetness and various health benefits. The primary active component in monk fruit extract is mogrosides, with mogroside V being the most common. This sweetener is 100-250 times sweeter than sucrose but contains virtually no calories, making it suitable for people concerned about their weight and blood sugar levels. Additionally, mogrosides possess antioxidant and anti-inflammatory properties, which can help reduce oxidative stress and lower the risk of chronic diseases. Monk fruit extract is widely used in products such as sugar-free beverages, baked goods, yogurt, and chocolate, providing sweetness while reducing calorie intake.

Product Information

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