

Avocado powder

Cat. No. EXTZ-693

Lot. No. (See product label)

Introduction

Description

Avocados are rich in healthy monounsaturated fatty acids (such as oleic acid), dietary fiber, a variety of vitamins (vitamin K, C, E, and B-complex vitamins) and minerals (potassium, magnesium). They help maintain cardiovascular health, promote intestinal peristalsis, and replenish nutrients needed by the body. Their nutritional advantage lies in the fact that their natural fats are easily absorbed by the human body, and they can be paired with a variety of ingredients to increase the nutritional density of meals. Avocado powder retains many of the nutrients of natural avocados, while having the advantages of easier storage and transportation, a longer shelf life, and greater convenience in consumption.

Product Information

Form

Powder