Creative Enzymes®

Liposomal Creatine Monohydrate

Cat. No. EXTZ-723

Lot. No. (See product label)

Introduction

Description	Creatine monohydrate is a common supplement that can supply energy to muscle and nerve cells. However, its absorption effectiveness may be affected by various factors, and liposomal carrier technology can help overcome these limitations. Liposomes are tiny vesicles composed of lipid bilayers. They can encapsulate creatine, reduce its decomposition in the digestive tract, and assist it in crossing cell membranes, thereby potentially improving absorption efficiency. Additionally, liposomes can protect creatine, making it more stable during storage and transportation.

Product Information

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