Creative Enzymes®

Red Dates Powder

Cat. No. EXTC-144

Lot. No. (See product label)

Introduction

Description	Ziziphus jujuba, commonly called jujube, red date, Chinese date, Korean date, or Indian date is a species of Ziziphus in the buckthorn family (Rhamnaceae). It is used primarily as a shade tree that also bears fruit.

Product Information

Appearance	Light red powder
Function	Jujube contains nutritious. It contains protein, fat, carbohydrates, cellulose; variety of amino acids and calcium, phosphorus, iron, potassium, sodium, magnesium, chlorine, iodine, carotene, thiamine, riboflavin, niacin; vitamin C, vitamin P, vitamin E and so on. Contains vitamin C, per 100 grams of 380-600 mg fresh dates, citrus content is 11-20 times, is about 100 times that of apples and pears, peaches content, which contain vitamin P also ranks mince. So enjoy the "natural vitamin pills" praise. Jujube contains a variety of biologically active substances, the human body has a variety of health treatment efficacy. Mainly used in the gas shortage, spleen and stomach, tired body fatigue, eat less, loose stools, blood deficiency chlorosis, and other evidence of women's dirty impatient treatment. Anti-tumor, anti-oxidation, lowering blood pressure, lowering cholesterol, protecting liver, enhance immunity, prevention and treatment of cerebral insufficiency, anti-allergy.