

## **Cinnamon Powder**

Cat. No. EXTC-118

Lot. No. (See product label)

## Introduction

## Description

Cinnamon powder is made from the Bark of cinnamon, which has been used throughout history, as a culinary spice and food additive. Cinnamon powder contains cinnamaldehyde, which make up its natural aroma. Cinnamon powder has potent antioxidant actions, protecting cells from oxidative damage, and supporting healthy fat and cholesterol balance within the normal range. Cinnamon powder also contains polyphenolic polymers that support healthy insulin and blood glucose balance within the normal range, and promote healthy blood flow.

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