

## **Alfalfa Extract**

Cat. No. EXTC-169

Lot. No. (See product label)

## Introduction

**Description** Alfalfa extract has been used by the Chinese since the sixth century to treat kidney stones, and to relieve

fluid retention and swelling. It is a perennial herb that grows throughout the world in a variety of climates. Alfalfa grows to about 3 feet and has blue- violet flowers that bloom from July to September.

**Applications** Alfalfa extract can be used in functional food, drinks, health care products and pharmaceuticals.

## **Product Information**

**Appearance** Yellow Brown Fine Powder

**Purity** 0.41736111111111

**Function** 1. In several studies, alfalfa supplementation reduced blood cholesterol levels, particularly for individuals

with a specific kind of high cholesterol known as type II hyperlipoproteinemia . 2. It contains natural fluoride that may help rebuild tooth decay and strengthen the tooth enamel. 3. Alfalfa can increase the ability of blood to clot after an injury. Aspirin delays clotting, so taking alfalfa could interfere with the anticoagulant effects of aspirin 4. Alfalfa extract offers a concentrated source of several micronutrients, or vitamins and minerals. 5. Alfalfa extract appears to cause slight reductions in blood sugar levels 6. Alfalfa extract may offer benefits to women suffering from hormonal imbalances, infertility and problems

with lactation

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