Creative Enzymes®

Kale Powder

Cat. No. EXTC-104

Lot. No. (See product label)

Introduction

Description

Kale powder is made from the fresh kale, an amazingly nutritious leafy green vegetable. Kale powder is a cruciferous vegetable belongs to Brassica family. Yesherb kale powder contains high amounts of beta carotene (precursor of vitamin A) and vitamin C. It is also rich in minerals, folic acid, calcium and magnesium. which helps in building bones and may fight against bone degeneration. The high fiber content of kale powder improves the digestive health and protects the colon.