Creative Enzymes®

Potato powder

Cat. No. EXTC-210

Lot. No. (See product label)

Product Information

Appearance	This product is white powder, with a fresh, realistic potato aroma unique flavor. Easy to use, low-priced products, cost-effective.
Function	First, the potatoes contain starch, protein, fat, carbohydrates, the body must contain 21 kinds of amino acids and vitamins B1, B2, B6, C and carotene, fiber, calcium, phosphorus, iron, potassium, sodium, iodine, magnesium and molybdenum. Second, the potatoes have weight loss. Potato contains very little fat, only 0.1 percent, eat potatoes daily fat intake is not much, so you can make the excess fat gradually metabolized. Third, the stomach: Chinese medicine potatoes can tune in and stomach, spleen qi, the treatment of gastric ulcer, habitual constipation and other diseases have benefits, both detoxification, anti-inflammatory effect. Fourth, the potato has anti-aging, disease prevention action. Potatoes are rich in B vitamins and high-quality cellulose, have an important role in human aging process. Potatoes are rich in dietary fiber, sugar, helps to control digestive tract cancer and control blood cholesterol levels; one of sticky proteins, can prevent cardiovascular disease. And other potassium-rich foods such as bananas, apricots, peaches, like potatoes can reduce the risk of stroke, and without any side effects. Some scholars have pointed out, a day to eat a potato, you can make the chance of stroke by 40%.